

JOIN OUR BOARD

Make an impact for Seniors, enabling them to age in their homes and your community



Senior Support Services
*Supporting Seniors Independence
at Home and in the Community.*

Senior Support Services (CPHC) is a not-for-profit, community governed organization, that provides a broad range of community support services for seniors, as well as adults 18+ living with cognitive/physical challenges.

Our programs are designed to support and promote 'aging in place' with a focus on mental and physical wellness, security, independence and removing isolation barriers. Our consumers across Lanark, Leeds, & Grenville (as well as Kingston & area for our Lifeline Program), include aging seniors, those living with dementia/ Alzheimer's or other cognitive challenges, stroke survivors, and caregivers. As we strive to keep loved ones at home, caregivers are supported to prevent 'caregiver burnout,' through in-home respite, Adult Day Programs, education, and group counselling.

We are funded by Ontario Health, the United Way of Leeds & Grenville, donations, fundraising, and some revenue generated from our Lifeline program.

Our Governance Board is seeking Directors with an interest in representing seniors in their community and supporting their goal to 'age in place.' We have all experienced a parent, grandparent, or relative, that has faced the challenges of aging, and the fear of losing their independence, their home, their community.

Requirements:

- Participate in monthly Board meetings (Sept through June).
- Prepared to join one of two (2) Board Committees (Governance / Finance)
- Must be 18+ years

Interested candidates can apply by submitting an application (Board application on our website at www.cphcare.ca) accompanied by a brief resume/expression of interest to: **Fay Garvin, Executive Assistant / Board Coordinator** via email at fgarvin@cphcare.ca no later than **Friday, May 30th, 2025**.



*Play a part in
making a
difference in
building your
future!*