

The stylish Lifeline On the Go Smartwatch is more than a modern-day alternative to traditional medical alert systems, it is also designed to support healthy and active lifestyles. In addition to providing fast and easy access to assistance with the simple press of a button, the Lifeline Smartwatch offers step tracking and heart rate measurement to empower individuals to live their best lives while staying safe and connected.



In addition to 24/7 access to a Lifeline Response Associate, this device has:

- **A built-in microphone and speaker** allow users to speak directly to a trained Lifeline Response Associate when assistance is needed.
 - **Automatic Fall Detection technology** designed to quickly connect you to a Lifeline Personal Response Associate for help.
 - **GPS and Wi-Fi location technology** enables us to send assistance to the user's location.
 - **Automated voice prompts** provide confirmation when the help button is pressed and alerts users when it's time to recharge the battery.
 - **Advanced motion and health sensors** support mobility and step count tracking that helps users remain active and healthy,
- **A heart rate monitor** offers the ability to measure heart rate anytime, day or night.
 - **A waterproof design** can be worn while showering or bathing.
 - **Call 613-342-9991; 613-542-9643 or 1-877-565-0008 or email lifeline@cphcare.ca for more information.**