

JOIN OUR BOARD

Make an impact for Seniors, enabling them to age in their homes and your community



Senior Support Services
*Supporting Seniors Independence
at Home and in the Community.*

Senior Support Services (CPHC) is a not-for-profit, community governed organization, that provides a broad range of community support services for seniors, as well as adults 18+ living with cognitive/physical challenges.

Our programs are designed to support and promote 'aging in place' with a focus on mental and physical wellness, security, independence and removing isolation barriers. Our consumers across Lanark, Leeds, & Grenville (as well as Kingston & area for our Lifeline Program), include aging seniors, those living with dementia/ Alzheimer's or other cognitive challenges, stroke survivors, and caregivers. As we strive to keep loved ones at home, caregivers are supported to prevent 'caregiver burnout,' through in-home respite, Adult Day Programs, education, and group counselling.

We are funded by Ontario Health, the United Way of Leeds & Grenville, donations, fundraising, and some revenue generated from our Lifeline program.

Our Governance Board is seeking Directors with an interest in representing seniors in their community and supporting their goal to 'age in place.' We have all experienced a parent, grandparent, or relative, that has faced the challenges of aging, and the fear of losing their independence, their home, their community.

Requirements:

- Participate in monthly Board meetings (Sept through June). 4 – 5:00/5:30 pm
- Prepared to join one of two (2) Board Committees
- 18 + years

Ideal Board Member Skills Include, but are not limited to:

- Legal
- Financial Management
- Governance
- Fundraising

Interested candidates can apply by submitting an application (Board application on our website at www.cphcare.ca) accompanied by a brief resume/expression of interest to: **Fay Garvin, Executive Assistant / Board Coordinator** via email at fgarvin@cphcare.ca no later than **Friday, June 14th, 2024.**



*Play a part in
making a
difference in
building your
future!*



Member Application Senior Support Services – CPHC Board of Directors

The Senior Support Services-CPHC Board of Directors looks forward to welcoming new Members. As a governance board we oversee the Executive Director, who is responsible for day-to-day management of operations. Members contribute to the stability of this not-for-profit charitable organization, imparting their knowledge and skills in education, management, legal and financial matters.

We are 60% funded by Ontario Health, therefore rely on funding from the local United Way as a ‘member agency’, fundraising, donations, and client fees to manage the delivery of our services, programs, and support to seniors and caregivers throughout Leeds & Grenville, and areas of Lanark County. Our Lifeline program also serves residents of Kingston & area. Our mandate is to provide equal opportunity for seniors to ‘age in place’ (within their homes and communities) for as long, healthy, and safely as possible.

To help us understand your skills, experience, and areas of interest, please complete the sections below and submit your application to: Fay Garvin, Executive Assistant/Board Coordinator at fgarvin@cphcare.ca

CONTACT INFORMATION

Name: Phone/Cell #:

Address:

City: Prov: Postal Code: Email:

EMPLOYMENT EXPERIENCE

Name of Current/Past Employer: No. of Years:

Position:

Please share a high-level summary of your duties/accomplishments:

VOLUNTEER EXPERIENCE

Name of Volunteer Organization: No. of Years:

Role/Position:

Please share a high-level summary of your duties/accomplishments:

Name of Volunteer Organization: No. of Years:

Role/Position:

Please share a high-level summary of your duties/accomplishments:

SKILLS & AREAS OF INTEREST

Law Finance Fundraising Advocacy Corporate Governance / Strategic Planning
Outreach / Networking

SUBMISSION ATTACHMENTS

Expression of Interest in Joining the SSS-CPHC Board of Directors Other (if any)