



INFORMATION RE: SENIOR SUPPORT SERVICES (CPHC) BOARD OF DIRECTORS

SENIOR SUPPORT SERVICES (CPHC) (SSS-CPHC) is a non-profit, community governed organization that provides community support services to seniors as well as adults 18+ years with physical/cognitive challenges.

Our vision, **“to be the leader and provider of choice offering innovative, responsive, and quality services to enable seniors to live independently in their own homes and communities”** is strongly supported by the Board of Directors. We offer a broad range of services throughout Leeds & Grenville, and some areas of Lanark County, with a **MISSION** to provide client-centered services for seniors and their caregivers which promote choice, independence, and safety in their own homes and communities. **Our Lifeline program** (personal security monitoring) also serves the City of Kingston and surrounding area. ***A list of our services can be found in the right margin.***

Our services are supported by Ontario Health (60% funded), the United Way of Leeds-Grenville (1% funded), and by the people and the communities we serve. We rely on fundraising, donations, and a couple of revenue generating programs that we have for all other funding.

Our Governance Board currently consists of eight (8) Directors sharing equal responsibility for the financial and organizational well-being of SSS-CPHC. The Board meets on the 1st Wednesday of the month from 4:30 – 6:00 pm (or shorter when able) for a minimum of nine (9) meetings per year. There is expectation for each of our Board Directors to join one of two (2) Board Committees, i.e. Finance/Audit/Risk Management Committee, and Governance Committee. Time commitments for the Board Committees are as follows:

- 1) **Finance, Audit, Risk Management Committee** meets on a quarterly basis on the last Wednesday of the month from 4:30 – 5:30 pm.
- 2) **Governance Committee** meets twice annually (April & October) on the 2nd Thursday of the month from 4:00 – 5:00 pm. For matters arising in between meetings that require immediate attention, additional meetings would be at the Call of the Chair

- Meals on Wheels
- Transportation
- Foot Care Clinics
- Diners' Club
- Adult Day Program
- In-Home Respite
- Home Help/ Home Maintenance
- Lifeline
- Exercise & Fall Prevention
- Stroke Understood
- Seniors' Centre without Walls
- Wellness Calls

Our meetings break for the summer months (July & August) however, the Finance Committee meetings resume on the last Wednesday of August to prepare for the resumption of Board meetings in September.

Board and Committee meetings have been primarily via Zoom since the pandemic with 2-3 in-person meetings per year - at the discretion of the Board (unanimous vote) and Board Committees, with hybrid-meeting format available as needed.

Meeting packages for the Board and Board Committees are sent out in advance of meetings to allow members time to review and prepare for the meetings.

Director Terms are 3-years from the date of election to our Board. Elections take place at the Annual General Meetings (June each year) with new Directors **appointed** to the Board, until they can be elected at the Annual General Meeting

At the end of 2022, we developed a new 5-year Strategic Plan, with the assistance of a consultant who has a modernistic approach to strategic plans/planning. We are excited and confident that our new strategy will lead us in the direction we want to go.

If you are interested in joining our Board, you will be appointed by the Board and there will be a Board Orientation session for you to learn more about our Board, the organization, and an opportunity to ask questions.

More information can be found on our website at www.cphcare.ca.