

JULIE MCCARTHY

SEPTEMBER 1, 2021

The Senior Support Services-CPHC Board of Directors was pleased to welcome Julie McCarthy to the Board on September 1, 2021.

Julie brings a wealth of experience, knowledge and skills in the health care sector with 20 years of fulfilling roles as a Primary Care Paramedic with United Counties Leeds & Grenville, a Personal Support Worker (private and LTC facilities), an Emergency Clerk at Brockville General Hospital, and a Support Worker with the Brockville & District Association for Community Involvement.

Julie's experience as a former paramedic and a PSW for private elderly care has provided a strong awareness and understanding of the challenges that many seniors / aging elders face when living on their own or as caregivers without having the supports/services that are essential for safe and healthy longevity.

Prior to her recent designation of Behavioural Support Worker with Maple View Lodge, Julie spent four (4) years working as a Recreation / Physiotherapy Aide at the Lodge providing restorative/ambulation therapies and interventions for residents, as well as leading weekly exercise classes. Julie shares her knowledge and expertise as a GPA (Gentle Persuasive Approaches) Coach, training the Lodge staff; she is also a member of the Behavioural Support Ontario Committee.

Of her many professional and educational achievements, Julie is also the owner of 'Grow & Glow Wellness Solutions', recruiting RNs for subcontracts. Julie's enthusiasm and passion for working with seniors/elderly will be a tremendous asset to our Board and the Senior Support Services-CPHC organization.

Julie resides in Athens with her husband, Brian McCarthy, a Brockville Firefighter and their two children, Fiona and Gavin.