

CASSIE CROSS

SEPTEMBER 1, 2021

The Senior Support Services-CPHC Board of Directors was pleased to welcome Cassie Cross as a fellow Board member on September 1, 2021. Cassie is a Primary Care Paramedic with the Leeds-Grenville Paramedic Service for 20 years. She is a passionate advocate for mental health awareness and education and is a co-developer of the Peer Support Program for Mental Health with Leeds-Grenville Paramedic Services.

While fulfilling her paramedic role, Cassie is also an Education Facilitator with the Regional Paramedic Program for Eastern Ontario providing Continued Medical Education (CME), Return to Clinic Practice assistance, and evaluating paramedics throughout the Entry to Practice Certification Process since 2013.

Cassie brings a variety of skills and education in medical and emergency care. As a paramedic she has witnessed the challenges that many seniors face – particularly those living alone and/or in remote areas without services and supports that are critical to their health and well-being. Her passion for volunteer work is demonstrated through her involvement with the Leeds & 1000 Islands Department for 7-years as a Volunteer Fire Fighter as well as holding executive positions on various committees such as the Agricultural Society and Equine Groups. Her energy and passion for learning, advocacy, and new experiences will be a tremendous asset to our Board.

Cassie lives in Lansdowne where she enjoys riding and showing American Paint and Quarter horses as well as hunting and fishing with her friends and family.