

Prescott Meals on Wheels Volunteers Needed



Volunteers are needed in Prescott to deliver hot meals to clients.

Hot meals are delivered from Monday-Friday (except on holidays) over the lunch hour.

As a volunteer, you choose how often you are able to be on the schedule to help deliver meals (weekly, bi-weekly, monthly, or as a backup).

Volunteers may sign up to be a driver, or a 'runner' (taking the meals to the client's doors). Volunteers can choose to work alongside another volunteer when delivering hot meals or alone.

For more information on becoming a Meals on Wheels volunteer or other volunteer opportunities in the Prescott area please contact:

ceinfeldt@cphcare.ca or 613-342-1747 x2045 www.cphcare.ca



In response to COVID—19 CPHC has prepared guidelines specific to the Meals on Wheels program to ensure our clients and volunteers stay safe during this time.